

Central Ohio Area Service Committee Meeting Minutes
16 March 2025

Meeting called to order at 2:00 P.M.

Serenity Prayer recited

Service Prayer read

The Twelve Traditions of Narcotics Anonymous read

The Twelve Concepts for NA Service read

BACK TO GROUPS:

- Motions
 -
- Nominations for open ASC positions:
 - Responsibilities described in the [area policy manual](#)
 - Open positions in administrative body includes:*
 - Vice Treasurer- NONE
 - RCM Alternate- NONE
- Nominations for open Ohio Region positions:
 - NONE
- Action items
 - Survey from [NAWS](#)
 - Interim [WSC](#)

Roll Call:

As reported on the [sign-in form](#) (so please be sure that you are signing in with complete information; this is especially important for GSRs/Alt GSRs so that your group maintains their active status and can vote):

Jennifer S	Gsr gay, joyous, and free
Donnetta W	GSR
Wanda W	GSR U GROW GIRL
Corey G.	Vice Chair
Lisa G	Area office chairperson
Gregory H.	GSR
Kenzie T	Chair
Chris H	GSR, web dude,
Harley D	GSR

Marinda P	Trusted Member
M.S.	GSR
Anna C	Gsr
Joshua P	GSR
Tahja	GSR
Tracy J	GSR Alternate
Fred P	GSR
Tina M	Gsr we came to belive
Derrick K	Gsr
Robert H.	GSR
Byron B	GSR High Hopes and Outreach Chair
Jeff P	
Sarah k	GSR
Helena D	GSR I can't we can
Dani T	
Claire B.	filling in for Regular GSR today

Also present were: Lis R, James G, Kenny, Adam, Megan, Troy, Charlie S, Janet, Cheryl, Ben, Lynette

There were a total of 36 individuals in attendance, and 17 groups represented. Please remember to use the [sign-in form](#) to mark your attendance at the meeting, including the group you represent (for GSRs). To vote, a group needs to have had a GSR present at two of the last three Area Service Committee meetings.

Minutes approved:

February minutes approved

New Group Recognition:

- New Group recognition:

New Group Service Representative(s):

- New GSR recognition:

Brief financial assessment from Treasurer:

Good afternoon family, thank you for the opportunity to serve our area. Please continue to announce the following Here are the tasks that were completed for the month of February:

The bank account beginning balance was \$6,099.21.

- PayPal (electronic) donations totaled: \$344.38
- Checks/money orders grp deposits totaled : \$90.00

group & event donations totaled: \$434.38

Interested members and groups can donate with PayPal to coascna.treasurer@gmail.com

Account withdrawals/debits:

Expenses - Description	Amount	Paid To	Check number
ORSCNA (20% of \$434.38 = \$86.88)		ORSCNA	
COAONA office rent for February	\$ 300.00	Randy Birchfield	1321
Reimb. for RCM Meeting expenses	\$ 105.71	Lynnette Cashaw-Davis	1322
reimb. to H/I	\$ 2,139.55	Robin Keenan	1323
	\$ 2,545.26		

There three (3) outstanding checks:

- ORSCNA November donation - check #1316 in the amount of \$150.83
- ORSCNA December donation - check #1319 in the amount of \$117.64
- ORSCNA February donation - check #1320 in the amount of \$172.03

Total amount of outstanding checks = \$440.50

February's statement ending balance \$3,988.33 – \$1,200.00 = \$2,788.33 – outstanding checks (\$440.50) = \$2,347.83 actual bank balance.

The following items will be attached

- Bank Statement for December 2024
- Account Log File
- Financial workbook
- Group Donations file

In loving service,
Janet B.W., COASCNA Treasurer

Unfinished Business:

- **NONE**

Agenda Business:

- Budgets and Check Requests:
 - o H&I Pancake breakfast check request (PASS 10:1:0)
 - o RCM Reimbursement (approved as per policy)
 - o Juneteenth celebration check request- \$399 (PASS 10:4:0)
- Elections:
 - o Jennifer S as Vice Treasurer- PASS (10:1:0)
- Motions
 - o

Group Reports:

The meeting information is on the [COANA](#) website. Due to the limitations of our meeting space and policy stating that only prepared reports be included in the minutes, oral reports will not be included here. GSRs can submit written reports ahead of time ASC at [this link](#).

Please email any questions about the accuracy of meeting information or revisions needed due to closing or changes to a meeting to PR at coascna@gmail.com.

Administrative Reports:

Chair Report: (James G)

" March Chairperson Report

Good afternoon, everyone, thank you for being here at our March ASC meeting.

I want to announce we are moving the next ASC meeting to the second Sunday, April 13th due to Easter being on the 3rd Sunday.

As I type this report our bank balance is \$2347.83 with additional \$1200 set aside for prudent reserve

Thank you to the convention committee for having the Skate party March 2... My teenager and I skated like we were retired professionals and had the soreness to remember.

I personally would like to have seen more support from our area.

As reminder to our Area, H/I is having the annual pancake Jailbreak fundraiser April 5th where I am sure I will be eating pancakes behind bars.

Once again, I thank this area for this opportunity to serve this body, and learn along the way..

With Gratitude, James

Vice Chair (Corey G)

Hello hello! I hope everyone is well and I am glad to see you all! I have been expressing my suggestion while at meetings to come to ASC, to become more active in service, or at the very least to become familiar with what we do here for our area. My hopes are to see our area continue to grow in unity. Also, I would like to encourage everyone to let your home groups know about any ad-hoc committees that are presently active. Having willing addicts take on the organization of ad-hoc committees supports our area's continued presence. It supports one addict helping another through events and service work. Even if an ad-hoc committee has an established few, the more the better.

Thank you all for what you do to be of service and I am grateful that you are here!

In loving service,
Corey G.

Treasurer: (Janet)

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In loving service,
Janet B.W., COASCNA Treasurer

Vice Treasurer (Jennifer S, newly elected)

NONE

Secretary: (Lis R)

Hi everyone, I'm an addict named Lis, and I serve as the secretary for this area.

For all GSRs and alternate GSRs: please be sure to hand me your placards before you leave so I can keep the stickers updated accurately for everyone. Also, make sure you sign in. I do have names recorded, but without a written record, I might get the spelling wrong—or I may not have your contact information at all, especially if you're new in service. Signing in ensures you get the minutes and updates from the Area Service Committee.

I've noticed fewer bounced emails lately, which is great progress, but there are still a few hiccups. If you're having trouble receiving anything, let me know and I'll help sort it out. We're continuing to move forms online, which has really helped cut down on errors (especially the ones caused by my inability to read messy handwriting!). I'm happy to direct you to those digital forms ([in the library](#)) if you need help finding them.

Thanks again for all the service you do—it really makes this a great area to be part of.

Vice Secretary (Tammy S- absent)

NONE

Regional Committee Member: (Lynette C-D)

"RCM Report to ASC

March 16, 2025

Dear Family,

The next Regional meeting is scheduled for April 12 -13, 2025 and will be hosted by the Miami Valley Area and held in Parma, OH. I am requesting \$200 per policy, to cover hotel and other expenses to attend the meeting. Of course I will return all funds not used along with my receipts.

ORSCNA_Nomination_2026 Traditions Retreat Chair Raychel L. I apologize to the committee that I was not aware that the nomination form for the 2026 Traditions Retreat Chair (which should go back to groups) was not included in the Regional minutes as it should have been. Apparently it was sent out later but for some reason I did not received it until I followed up with the regional secretary earlier today. So unfortunately GSRs will need to vote on behalf of your groups since I need to take the vote back next month.

Finally, since our website person is here today, I want to reiterate what I announced previously regarding event flyers. All flyers submitted to our website should also be submitted to NAOhio.org: If you want your event to be covered by the region's insurance policy.

Thank you for allowing me to serve in this position.

ILS,

Lynette CD
Regional Committee Member"
Regional Committee Member Alternate (**OPEN**)
NONE

Subcommittee Reports:
Convention Committee: (BEN L)
(**verbal only**)
Convention Treasurer: ()

NONE
Area Service Office (Lisa G):

Good afternoon family. We have been selling literature, answering the phones, connecting members to groups and resources, and providing other services to members and groups in our area. Our subcommittee meets the first Sunday of each month at 4PM via Google Meet; login details are on the web site. Area service office hours and literature costs are available at nacentralohio.org.

Since the last ASC, the ASO sub-committee has:

- Confirmed the impact/price increases in literature from the Franklin County sales tax increase from 7.5% to 8.0%, effective April 1
- Requested the new sales price sheet be added to the web site
- Welcomed a new office volunteer for Saturdays – Samantha R
- Decided to identify and train any existing phonline volunteer willing to transfer the line to the next-in-line volunteer

We are in need of pending/wait list **phone line volunteers**. This allows us to quickly fill gaps when members complete or step away from their current phone line shifts. Please contact Lisa G. if interested.

Here are some updated statistics and treasurer reporting for March report (February stats):

- Starting Balance: \$3,585.68
- Literature sales: \$1,375.77
- Actual amount received: \$1,377.04 [credit card refund caused the larger than normal discrepancy]
- Additional receipts: \$0.00
- Expenses: \$2,486.57
- Discrepancy between sale amount and amount received: [there are sometimes differences between order total and money order amount]: \$1.27
- Square processing fees: \$32.88
- Number of sales: 37
- Treasurer workbook ending balance: \$2,476.15 [accounts for all pending deposits and checks]
- Month ending bank account balance: \$2,102.12 (from bank statement)
- Inventory: \$7,735.23 (from inventory document)
- Number of phone calls: 100 (from Breezeline call log)

If you need to reach **our service office** with any issues you may experience, please email us at cbusofficeofna@gmail.com, or call Lisa G. at 614.209.3327. If you have an update to group information, please email coascna@gmail.com to have the website and downloadable PDF updated.

The following treasurer documents have been provided to our area service committee secretary:

- o February 2025 Huntington Bank Statement

- o Service Office Treasurer Workbook
- o Service Office Account Log

In loving service,
Lisa G. and the Area Service Office Committee

Hospital and Institution (Kenzie):
March 2025

Good afternoon!

It is almost that time. The fifth annual pancake breakfast is being held on April 5th from 10am-1pm at Trinity Evangelical Church at 404 S 3rd St. Thank you to those who have already donated. We have raised enough money for the breakfast ingredients and we have the speakers all set. Please come out and help us raise money for literature for H&I by putting your friends in jail.

NA memebers are taking a speaker jam into Maddison Correctional on April 18th. I will have the details of how that went next month.

H&I is a great way to give back. If you or anyone you know wants to get involved, please contact me at 614-204-375 or attend our next subcommittee meeting on April 6th at 2pm at 1113 Parsons Ave public library.

Thanks!

Kenzie

Newsletter (Brooke S):
Good Afternoon family,

Sorry for my absence. We currently have 33 subscribers. Thank you to everyone for all the support. We discussed the next issue and are going to have another game featured in it, like in this issue coming out April 1st. Please if you are subscribed check your spam folders for the newsletter. If you're not subscribed please subscribe! Thank you

Love,

Brooke S.

Outreach (Byron B):

(verbal only)

Public Relations: (Megan P):

COASCNA Public Relations Subcommittee Report - MARCH 2025

Date: 3/16/2025

Chair: Megan P.

Last Subcommittee Meeting: 3/2/2024

Next Meeting: 4/6/2025, 1 pm Parsons Library

Check Requests:

Projected April Check Requests:

- Juneteenth Event \$399.00

PR Highlights

- Eight members attended the PR Subcommittee meeting this month.
- Katherine M. was voted in as Vice Chair; Izzy S. was voted in as Secretary; Wendy A. was voted in as Treatment Center Relations Ad Hoc Chair.
- The Treatment Center Relations Committee was created so treatment centers that don't have H&I and take their patients/clients to outside meetings can have education on 12 Step, NA vs other fellowships, meeting etiquette, the atmosphere of recovery and more for staff and clients/patients.
- Five members are on the planning committee for 2025 OCNA PR Workshop - "Addicts No Longer in Jeopardy" Game.
- The subcommittee voted to have a community NA tent as a safe haven for addicts at 2025 Pride.
- The subcommittee voted on some Area members' request for Juneteenth participation. We submitted the application. It is \$399 by April 1, or \$499 by May 1. We have five volunteers committed for this event June 21 and 22nd. This needs approval from the Area.
- The Website Improvement Ad Hoc Committee is making headway. One of the members knows a web development firm that works with nonprofits. They are asking for \$200 to pay for this professional assistance; this would be web development, coding, website clean up, overseen by the ad hoc committee members.
- Katherine M is leading the Mini PR Workshop project. PR is going to host a PR workshop before and after homegroups. The first group is going to be Journey Continues in the Summer (after OCNA).
- Bobby W. made contact with three radio stations about PSAs. Megan and Bobby will reach out to them via email first to schedule a meeting/next steps.

Open PR Projects

OSU Med School

- Resumes May 2025.

PI Community Tables

- Exploring the following tables
 - Franklin County First Step

- Island Party @ Basecamp Recovery
- Franklinton Coalition

Billboards

- The Alum Creek/Livingston Billboard and South High / 104 Billboard are still live.

NA Website

- Izzy S. and Katie S. are leading the ad hoc committee for website improvements.
- They meet every first Sunday of the month at 3pm.

PR with the Fellowship

- Attend Monthly Regional PR Meeting; assist in curating Monthly PR Regional Newsletter.
- Attending Monthly PR Workshop Planning for OCNA.
- PR Subcommittee coordinates with ODRC staff and the incarcerated for PR projects.

ODRC / ODRC Virtual Prison Meeting

- ODRC leadership meeting; the virtual prison meeting ODRC guidelines are being drafted and will be ready for review by NA PR and H&I soon.
- ODRC virtual prison meeting pilot - no changes.
- Speaker jam in the works with Central Ohio NA members and other Ohio Areas. Klaudia S. and Megan P. are assisting with coordinating this for April. This is at Madison.

Additional Projects:

- NA PSAs currently in the works.

Subcommittee Project Overview:

Project	Summary
Health Care Professional Presentation - OSU Medical School	Monthly PI presentation to OSU 4th year med students/future doctors. The average class is approx. 25 students. The presentation is a powerpoint overview of the Narcotics Anonymous program followed by a variety of "mini" shares. The presentation is to inform health care professionals that NA is an accessible and credible program of recovery.
PI Community Tables	Setting up a table at a public event to provide information on Narcotics Anonymous. At least two trained members attend and have literature available. Corey G. created an event tracking sheet for the PR Subcommittee Google Drive.
Website Improvement Ad Hoc	PR members that have experience in web design and development are leading the efforts to improve the NA website. These updates will help the sick and suffering addict find us, access information, meetings, events, and more. The committee will have help from a web development firm to ensure that updates go smoothly on the back end of the website.

Treatment Center Relations Ad Hoc	PR members are helping provide public information and education about the Narcotics Anonymous program to treatment centers that don't have H&I, but take their clients/patients to meetings. This committee will reach out to treatment centers that are open to education staff and patients about 12-step, the disease of addiction, the difference between AA/NA/other fellowships, and more.
Central Ohio PR Requests	Central Ohio PR receives requests by phone, email, and referrals from the office. Requests are from professionals seeking information on the NA program.
PR with the Fellowship	The Central OH PR Subcommittee goal is unity and sharing ideas. We connect with other PR service members to support one another in our efforts to share the message of NA.
ODRC (Ohio Department of Rehabilitation & Corrections) Monthly Leadership Meeting	Central OH PR & H&I meet with ODRC on a monthly basis to review open and potential projects. Projects include NA information on tablets, Re-Entry Tip Sheet, Virtual Meetings, ODRC Shout Outs, Speaker Jams, PI tables, and more. Consistent communication and discussion is imperative because it allows NA to provide public information, resources, and services to the incarcerated. One of the goals of PR in the PR handbook is to build trust and credibility with professionals in our Area.
ODRC Virtual Prison Meeting Pilot	The ODRC Virtual Prison Meeting Pilot is a virtual prison meeting started with the Allen Oakwood facility. The meeting is the 1st and 3rd Tuesday of the month. ODRC approves what facilities log-on, and if any of those facilities are outside the Central OH area, PR contacts those Areas. The goal for the virtual meeting pilot is to allow ODRC to develop a virtual meeting protocol. They needed to have a running meeting in order to understand what needs to be in the guidelines. After ODRC completes guidelines, it is best to move forward with "next steps" so this plan can be shared across the state of Ohio and ODRC professionals can discuss opportunities with their local NA service bodies. More information on next steps and the Virtual Prison Meeting Pilot can be found in the summary handout.

Writing Steps for Recovery: (Aaron H)

NONE

Ad-hoc Reports:

Addithon (OPEN):

NONE

New Year's Eve (Robert S.):

NONE

Unity Day (OPEN):

NONE

Archives (Mark R):

Good afternoon family,

I am continuing to make progress with the archives. I should be finishing up with the 1980's soon and then I'll be starting on the 1990's. You can now get to the Archives from

nacentralohio.org by clicking on Service Committees, selecting Area Service Committee, then clicking on the link under Meeting Minutes & Agendas, and then clicking on the “ASC Archive Click Here” link.

Thank you for the opportunity to serve our area.

In loving service,
Mark R., Archives Ad-Hoc

Audits (Mark R):

NONE

OCNA FUNDRAISER (Laura P):

NONE

Nominations to Fill Open ASC Positions:

Current Open Positions:

Responsibilities described in the [area policy manual](#)

- *Alt RCM*

Nominations to Fill Open RSC Positions:

Current Open Positions:

- OCNA 41 Chair - No nominations made
- Public Relations Chair - No nominations made
- Vice-Webmaster - No nomination made

Sharing Session:

- NOTE: The Sharing Session is, by its nature, spontaneous and organic, with no previously prepared reports or materials (and policy states that “In order to be included in the minutes, reports must be neatly written or typed and submitted to the secretary via email or at the ASC meeting. 1. Forms will be provided by the Secretary each month for reports.” Actions stemming from the Sharing Session are a part of Unplanned Business. If you know prior to the ASC meeting that you would like to request the body take a particular action, you can submit an item for inclusion in the agenda by completing the [Agenda Item Request](#) form. That and all other commonly used forms can be found on the [Forms Library](#).

Unplanned Business:

- Motion 2025:02 to remove Aaron as WSR subcommittee chair- Pass (8:0:0)
-

Pre-Agenda Business:

NONE

Adjournment:

Chair Adjourned the meeting with a moment of silence followed by the serenity prayer

Next ASC meeting: **13 March 2025 @ 2pm EST**

Central Ohio Area Service Committee of Narcotics Anonymous Trusted Servants			
Administrative Committee			
Chairperson	James G	614-204-3432	Jtlgreen@yahoo.com
Vice-Chairperson	Corey G	614-390-0394	coreymgreen4@gmail.com
Secretary	Lis R.	(330) 541-5872	COASCNASec@gmail.com
Vice-Secretary	Tammy S	(614) 323-4681	tammyk054@gmail.com
Treasurer	Janet W.	614-506-0768	jbogin3@gmail.com
Vice-Treasurer	***OPEN***		
Regional Committee Member	Lynette C-D	614-432-0601	iamlightlcd@gmail.com
Regional Committee Member Alternate	***OPEN***		
Subcommittee Chairpersons			
Area Office Chairperson	Lisa G	614-209-3327	lisagottmk@hotmail.com
COACNA 31 Chairperson	Ben L	614-580-5128	blaceytape@aol.com
Hospitals & Institutions Chairperson	Kenzie T	614-204-3765	kenz823@icloud.com
Newsletter Chairperson	Brooke S	614-284-1856	coascnanewsletter614@gmail.com
Outreach Chairperson	Byron B	614-354-8701	outreach.nacolumbusohio@gmail.com
Public Relations Chairperson	Megan P.	614-600-6339	megpowell11@gmail.com
Writing Steps in Recovery Chairperson	Aaron H	614-896-4138	aaronhnacolumbus@gmail.com
Archives	Mark R	614-270-1274	coasnaarchives@gmail.com

COASCNA Activities Calendar for 2025